

Parenting Plan Worksheet

Acknowledgments:

- A. Any specific time-sharing schedule has to first conform to the child's needs as much as possible, understanding that these needs will change over time.
- B. *If joint legal custody* – It is important for Mother and Father to establish and maintain good communication and a cooperative relationship regarding the care of the child.
- C. *If joint legal custody* – Mutual discussions of major decisions may be encouraged only when safe and appropriate for the child's best interest.
- D. Mother and Father agree that they shall each execute any and all documents necessary in the future to carry into full force and effect the terms of this Plan.
- E. Mother and Father agree that this Plan may be modified by mutual, written agreement of Mother and Father and that such modification will be subject to approval by the court before being incorporated into the decree of dissolution in this case.
- F. This Plan will expire when its terms are no longer effective with respect to the minor child. It may be terminated only upon agreement of Mother and Father and with the approval of the court.

Custody/Residence²:

Custody: _____

Primary residence: _____

Parenting Time:

A. Weekends³:

Start Date: _____

Start Day & Time: _____

End Day & Time: _____

B. Weekdays³:

Days: M T W Th F

Start Time: _____

End Time: _____

C. Holidays³:

Holiday	Even Years	Odd Years	Start Day & Time	End Day & Time
Passover (1 st & 2 nd nights)				
Easter				

Holiday	Even Years	Odd Years	Start Day & Time	End Day & Time
Fourth of July (overnight for fireworks?)				
Ramadan				
Rosh Hashanah (1 st & 2 nd nights)				
Yom Kippur (evening & day)				
Halloween (who provides a costume?)				
Thanksgiving (Thurs., Fri., Sat., Sun.)				
Hanukkah (1 st night)				
Christmas Eve				
Christmas Day				
New Years Eve				
New Years Day				
Mother's Day				
Father's Day				
Parent's Birthdays				
Child(ren)'s Birthday(s)				
Other: _____				

D. **Three Day Weekends³**: (subject to school calendar)

Holiday	Even Years	Odd Years	Start Day & Time	End Day & Time
Martin Luther King Day				
President's Day				
Memorial Day				
Labor Day				
Columbus Day				
Veteran's Day				

E. **Other School Recesses:**

1. Winter school recess: _____
2. Teacher workdays – may be specified by adjacent weekend or alternate:

3. Spring school recess: _____
4. Summer school recess: _____

F. **Vacations⁴:**

Summer:

Number of Days: 7 14 Other: _____

Notification by: May 1st Other: _____

- G. **First Right of Refusal:** Each parent will give the other parent the right of first refusal to provide child care in the event the parent with parenting time is unable to directly care for the child for more than ____ hours.

H. **Transition Plan:**

1. Father will provide all parenting time related transportation; or
2. Mother will provide all parenting time related transportation; or
3. The parent beginning their parenting time will pick up the child; or
4. The parents will meet at a halfway point: _____; or
5. Other: _____.

- I. **Telephone Contact:** Each parent will be able to make ____ number of telephone calls each day to their child while the child is at the other parent's home, at reasonable times of the day and evening.

Other: _____

J. **School and Medical:**

1. **School/Medical Records¹:** The names of both parents will appear on all school and medical records and both will have access to all such information.
2. **School attendance¹:** Both parents acknowledge the statutory responsibility to provide the child with regular and continuous school attendance and progress and will each assist the child to the maximum extent possible to assure a quality education.
3. **Medical Treatment:** Both parents may initiate emergency medical and dental services for the child and agree to notify the other of any significant illness, injury, or emergency medical treatment of the child. Both parents will be aware of the names of the current treating physician and dentist for the child at all times. The parents agree that they will consult with each other on medical concerns.

K. Decision Making:

1. The parents shall discuss matters concerning the child, such as health and medical, school related problems and decisions, and any behavioral or disciplinary issues which could impact both households, etc. Mutual discussions of major decisions may be encourage only when safe and appropriate for the child's best interest.¹
2. Decisions of the moment regarding day-to-day care of the child will be made by the parent with whom the child is residing at the time.
3. Which parent makes what major decisions regarding, but not limited to:
 - a. Education: What school the child will attend: _____
 - b. Health: Non-emergency related: _____
 - c. Religion: _____
 - d. Special needs: Any special need of the child: _____
 - e. Choice of babysitter (non-emergency, daycare): _____
4. Wills and Testaments: Plans for the child's care, other arrangements:

L. Parental Communication:

1. The parents will discuss parental business in a reasonable, businesslike, and courteous manner, and will not conduct such discussions during visitation exchanges. The parents agree that their own relational difficulties and emotions will not affect flexibility in the parenting plan or decisions about sharing time with the child.
2. The parents agree that all communication regarding possible changes to the parenting schedule and spending unscheduled time with the child will occur directly between the parents, without involving the child. Also, they acknowledge that all communication regarding the child will remain between the biological parents only, regardless of future relationships.
3. In the event face-to-face communication between the parents is no longer a reasonable method for appropriate issue resolution, the parents' primary method of communication shall be by e-mail.
4. The parents shall inform each other reasonably in advance and in appropriate detail, issues concerning the child's health, education, and religious upbringing regarding events in the life of the child which are not decisions of the moment and have longer-term consequences. The parents recognize that the matters addressed by this paragraph will be based on the evolving needs of the child.

M. **Activities:** One parent may not plan or schedule activities for the child during the parenting time of the other parent without consent of the other parent. The parents will keep each other advised of the child's activity schedules so that each may participate and support the child in these events, even if the child is not in that parent's possession that day.

1. After school – whose choice? _____
2. Camp: _____
3. Work: _____
4. Who goes to child's special events?
____ Grandparents ____ New spouses
____ Significant others (boyfriends, girlfriends)

N. **Parental Responsibilities:**

1. Teacher meetings: _____
2. School/camp emergency cards: _____
3. School/daycare pick-up lists: _____
4. After school activities: _____
5. Extracurricular activities: _____
6. Tutoring: _____
7. Discipline: _____
8. Medical and dental visits: _____
9. Child's gift giving: _____
10. Daily supervision: _____
11. Contact with extended family: _____
12. On-going school activities: _____
13. Significant others: _____
14. Clothing: _____
15. Religious activities: _____
16. Haircuts: _____
17. Curfews: _____
18. Safety/health issues (parent and child):
 - a. Smoking: _____
 - b. Drinking: _____
 - c. Tattoos: _____
 - d. Piercing: _____

- O. **Current Information:** The parents agree to keep each other informed at all times of current addresses, phone numbers, and places of employment.
- P. **Extended Family:** The parents understand that each parent will provide their parents and extended families reasonable access to their child during that parent's time with their child except for other special extended family occasions which may be mutually agreed upon by the parents.
- Q. **Change of Residence**¹: when a parent moves, the new address shall be provided to the other parent prior to the proposed change of residence so as to allow time for mediation of a new agreement concerning custody, parenting time, visitation, or other access. A parent may not move the child from Nebraska without court permission.
- R. **Remediation**¹: The parents agree that for future conflicts on parenting functions and future modifications of this plan concerning their child, they will first attempt to mediate a solution through a mutually agreed upon mediator prior to filing legal action.
- S. **Alternate Arrangements** – the following are provided for consideration:
1. Both parents can reschedule upon mutual agreement (in writing).
 2. What type of alternate visitation can be arranged when one parent is in the military (active or non-active duty)?
 3. When are plans with one parent to be confirmed (24 hrs/48 hrs/one week) and how does each parent notify the other parent of plans (verbally/in writing)?
 4. Alternate child care – is the other parent given the name and contact information of alternate caretaker and does the caretaker have both parent's contact information in case of emergency?
 5. Should there be verification before implementation of each visit? Who calls whom? When? Is there a grace period if a parent is late (15 mins/half hour)? Is parenting time forfeited if a parent does not call or arrive before the expiration of the grace period? What arrangements are there if a parent is not home at return time?
 6. What if the child has a special activity during the non-possessive parent's time? Who is responsible for getting the child to the activity?
 7. Is anyone other than the biological parents permitted to pick up and return the child?
 8. What if the child is sick?
 9. If more than one child, is there any individualized time with a child?
 10. Will there be a periodic reevaluation of the parenting plan if there is a change in circumstances or as the child matures?

¹ This provision must be included in every parenting plan pursuant to § 43-2929 of the Parenting Act.

² A statement of the form of legal and physical custody must be included.

³ Specific start and end days and times must be included for all regular and holiday parenting time.

⁴ Specific amounts of vacation time for each parent must be addressed in the parenting plan.